

Grass Roots Column



A Publication of
Lakeshore Garden Masters Gardening Club

www.lakeshoregardenmasters.org

May, June 2019



Spring is Here!

It has been a long, long winter. That final snow which brought 6+ inches to many of us was certainly a late April Fool's joke that was NOT funny. I had put away my shovels and boots the week before, thinking there was no way I was going to need them, but Mother Nature seems to always have surprises when you live in Michigan.



I thought about my crocuses, which looked so pretty the day before. What would happen to them from being under the heavy snow? After the snow melted, they were still there to greet me every morning with their vibrant colors of purple, yellow, and white that gave me the hope for the future gardening season.

I know you all are anxiously awaiting the new gardening season, too. As gardeners, we love seeing the first signs of spring. We inhale the beauty of those first amazing blooms and it energizes us to get out in the yard and start digging in and cleaning up.

On that note, be sure to again check your schedule of speakers for the coming season. We have a great line up of trips and speakers for our group this year. Think of fellow gardeners you can call and invite to attend with you. We also need workers to help with the Monet Garden and would very much appreciate your help. Be sure to get down to the Monet and see all the amazing changes that have taken place as well as the gorgeous tulips which are starting to bloom, that a group of us planted last fall.



Your fellow garden lover,
Jean Baker, President
Lakeshore Garden Masters



Work began in March updating the Monet Pond by the Lakeshore Aquascapes of Muskegon. Look on Page 3 to see the new restructured version of the Monet Garden Pond.

LGM Purpose

The purpose of the Lakeshore Garden Masters is to bring together gardeners for fellowship, plant exchange, educational programs, and support for volunteer garden projects.

May Meeting at the Monet

May 20 – at the Monet Garden will officially open and begin planting flats of annuals to add a splash of color until all the perennial flowers fill in. We start at 4 PM until roughly 7:30 PM. (See more Pg 4)

June Meeting

June 22– at the Spring Lake Library with Clarence Falstad speaking on Shade Gardening. Pot luck at 6:00 PM. (See more Pg.4)



Calendar of Events

May 4-12 Tulip Time in Holland
May 7 Monet Garden
May 20 LGM monthly meeting at Monet
June 11 Monet Garden
June 24 LGM monthly meeting
June 27 Monet Garden
July 9 Monet Garden
July 22 LGM monthly meeting
July 25 Monet Garden
August 6 Monet Garden
August 22 Monet Garden
August 26 LGM monthly meeting
September 3 Monet Garden
September 19 Monet Garden
September 23 LGM monthly meeting
October 1 Monet Garden
October 21 LGM monthly meeting



2017 Leadership Council Officers

President: Jean Baker
Baker2j63@frontier

Vice President: Kathy Nielsen
whikmn@yahoo.com

Recording/Corresponding Secretary: Sue Fiebelkorn
Sfeebe5@yahoo.com

Treasurer: Sharon Rubelman
onesister123@gmail.com

Trustees

Two year term:

Denise Thompson
thegardeningqueen@frontier.com

Carole Wolfe
whisperingpines6857@yahoo.com

One year term:

Jean Freye
Jean.freye@gmail.com

Committee Chairpersons

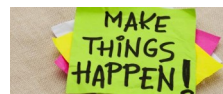
Monet Garden-Linda Hecksel
Hecksel@aol.com

Newsletter Editor-Marsha Green
greendooredu1@comcast.net

Webmaster-Marsha Green
greendooredu1@comcast.net

Membership--Susan Thorpe
holbox04@gmail.com

Plant Sharing-Kathy Nielson
whikmn@yahoo.com



Plant Sharing Rules

1. Bring a plant; take a plant
2. Bring healthy plants with no disease or insects attached!
3. Label everything
4. Put seeds/bulbs in a zip-lock or envelope
5. Bring plants in a sturdy container; plus a container to take home plants
6. New LGM members are especially encouraged to participate.



2019 Schedule For Monet Garden

Hello fellow gardeners,

It's time to garden!! We've been busy at the garden. One and 1/2 yards of black dirt has been spread around the new sidewalk and pond. Thanks to Monica and Jean Freye for their help with that job!! We received a great donation from David Austin Roses. They sent us four climbing roses to replace the ones on the arches. Thank you Jean Baker for setting that up. We spread *Preen* and *Dairy Doo* as well. The (400) tulips we planted last fall are up and beginning to blossom. It's looking good down there!!

Linda Hecksel, Monet Garden Chairperson

Here is the schedule for upkeep at the Garden. (All scheduled dates are Tuesday or Thursday)

May 7: 5:00 PM-8:00 PM

May 20: 4:00 PM-8:00 PM (LGM Monet meeting and planting of annuals)

June 11: 5:00 PM-8:00 PM

June 27: 10:00 AM-1:00 PM

July 9: 5:00 PM-8:00 PM

July 25: 10:00 AM-1:00 PM

August 6: 5:00 PM-8:00 PM

August 22: 10:00 AM-1:00 PM

September 3: 5:00 PM-8:00 PM

September 19: 10:00 AM-1:00 PM

October 1: 5:00 PM-8:00 PM

Remember you may work at the garden at any time. Just call me for possible garden needs. Linda Hecksel-231-557-6317



Newly designed Monet waterfall and pond.



Tulip Time in Holland

Tuesday, **May 7**, Wednesday **May 8** or Saturday, **May 11** from 10 - 10:30 AM there will be a Master Gardener, David Van Heest, speaking on **All Things Tulips** to discuss the care, feeding and growing of tulips. He is a great speaker and really knows his tulips! This can be followed by the Dutch-American buffet that is open from 11- 2 PM for \$14/person.

Please let Susan Thorpe know if you are interested (holbox04@gmail.com) in the Tulip Time Festival trip and we can perhaps car pool to Holland. Looking forward to your response!

LAKESHORE GARDEN MASTERS 2019 Calendar of Events

Dues \$15.00/year or \$5.00/event as guest

Lakeshoregardenmasters.org

Contact: Susan Thorpe 248-310-2312 for info

We welcome new members and look forward to seeing you at one of our future meetings! We have monthly speakers on a variety of gardening topics. We are also the caretakers of the Monet Garden and invite you to be a garden helper. See our website for more information or contact Susan.



May 7-11 - *Tulip Time* trip during the second week of May. See article Page 3.

May 20 – at Monet Garden, 470 W. Clay Street, Muskegon, Our main event for spring is the meeting at the Monet Garden, 470 W. Clay Street where we will officially open and begin planting at the Monet Garden. We bring in flats of annuals to add a splash of color until all the perennial flowers fill in. We start at 4 PM until roughly 7:30 PM and you may come when you wish during those times. Bring your own hand tools, kneeling pad, gloves and wa-

ter. There is also a finger food potluck that begins at 6 PM, so bring an item to pass (fresh bread/butter, snack foods, anything finger food friendly!) and your table setting. This is traditionally a very fun evening in the garden, so don't miss it!

June 24 – at the Spring Lake Public Library, 123 E. Exchange Street, Clarence Falstad on Shade Gardening. Potluck starts at 6 PM. If you wish to join us, bring a dish to pass, your beverage, and table setting. Program starts at 6:45.

July 22 – at Sodini Blueberry Farm, 2345 N. Weber Road, North Muskegon, in the event of rain, this meeting will be cancelled, so let's hope for fair weather. Outdoor potluck starts at 6 PM, if you wish to join us, bring a dish to pass, your beverage, and table setting. Program begins at 6:45 PM.



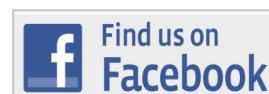
August 26 - at Mellema Nursery, 5428 64th St., Fremont, Michigan, More details to come. If you wish to join us, bring a dish to pass, your beverage, and table setting. You are also invited to bring any extra veggies or fruit you have grown in your own garden for our attendees to take home. Program starts at 6:45.

September 23rd - at Hackley Public Library, Downtown Muskegon*. Jane Hart, retired Food Safety Educator from MSUE, on how to properly dry the delicious garden foods you have grown. If you wish to join us, bring a dish to pass, your beverage, and table setting. You are also invited to bring any extra veggies or fruit you have grown in your own garden for our attendees to take home. Program starts at 6:45.

October 21 Meeting and Elections! – at Hackley Public Library in Downtown Muskegon*. Meeting begins at 6 PM with Election of Officers and Awards for LGM. We will be showing a video of the beginning of the Monet Garden and give updates about all the renovations. Potluck starts at 6:00 pm for everyone. Please bring a dish to pass, your beverage, and table setting. This is our last meeting of the year!

* More on the change in venue in the July-August Newsletter.

Don't forget to check FACEBOOK for both the Lakeshore Garden Masters page and also the Monet Garden page. Feel free to post on these pages and share with interested friends.



Lakeshore Garden Masters General Meeting Minutes

March 25, 2019

21 people present with 4 being new guests. Two were from the Coopersville Observer news. Jean Baker, President opened the meeting at 6:30 pm following the potluck. She welcomed everyone and spoke about how she saves the seeds from Campari tomatoes that are hard to find in seed catalogs.

Susan Thorpe, Membership Chair and Monet Fundraising Chair spoke about renewing memberships and thanked the new guests for coming. The Monet Garden update included our total fundraising thus far as \$16,887.00 with most of that already spent on the concrete pathways and pond renovation. She invited people to use GoFundMe or the Community Foundation to make donations or using the engraved pavers. T-shirts and posters were also for sale.

New guests introduced themselves and Steve and Sandy Sokolowski are from Fruitport and found us through a friend sharing the Coopersville Observer press release with them. They had belonged to a garden group on the lakeshore called "Serious" (?) that has disbanded.

Dave Mellema introduced his nephew Matthew, CEO of Mellema Nurseries who spoke for 1.5 hours on hydrangeas including types, care and pruning. Very informative. He then gave away gift certificates and two plants by random selection.

Meeting adjourned at 8:30 pm
Respectfully submitted,
Susan Thorpe (for Sue Feibelkorn)



April 22, 2019

The April meeting was called to order at 6:30 pm by President Jean Baker at Montague United Methodist Church. There were eighteen attendees, including seven guests.

Sharon Rubelman gave the Treasurer's Report. The LGM account balance is \$3704.97. There was \$150 income and \$103 expenses in the past month. Monet Garden money in the LGM account totals \$612.08. The Monet Garden Community Foundation account balance is \$232.98.

Linda Hecksel gave a Monet Garden update. The area around the pathways and pond is being back-filled. Many of the 400 tulips planted last fall are coming up. April 25, from 10:00 am to 12:00 is the next work session in the garden. The Paver Project is ongoing. There are 45 spaces left.

Susan Thorpe, our Publicity Leader, reminded us to LIKE the Facebook LGM and Monet Garden pages. Over \$19,000 has been raised in the *20 For 20 Campaign*. Fundraising will continue throughout 2019.

All of the attendees introduced themselves. The seven guests heard about the meeting from Facebook, emails, Dirt Daubers and the White Lake Beacon.

There was a discussion about using Hackley Library as a meeting place. There is a spacious room with an area for food and there is no charge for its use. The fee for use of a projector is \$10. We would need to leave by 8pm as the library closes. Jean will put this to an online vote. Some ideas to make this work include beginning the potluck at 5:30 or 5:45, not having a potluck, or just having a quick dessert or snack.

Jean introduced Jolene King from Weesies Garden Center. She spoke about and showed us some of the new perennials out this year.

The meeting concluded at 7:30 pm

Respectfully Submitted,
Sue Fiebelkorn, Secretary
Lakeshore Garden Masters



Keep Michigan Beautiful, Inc.

KEEP AMERICA BEAUTIFUL AFFILIATE

Growing Fruits and Vegetables For Your Dog By [Dixie Sandborn, M S U Extension](#)

When planning your garden, don't forget about your pooch. Dogs love fresh vegetables, too. Many veterinarians will agree that adding fresh vegetables to your pet's diet is good for them. Here are a few fruits and vegetables your pooch will enjoy:

- **Apples.** Many dogs love apples either because of the taste or crunch. Apples contain vitamins A and C and are a great source of fiber. Do not feed apple seeds to your dog, as they contain trace amounts of toxins.
- **Blueberries.** Fresh or frozen, dogs love blueberries. With high levels of antioxidants boosting your dog's immune system, blueberries make a great treat. Research from the University of Alaska Veterinarians suggests dogs' muscles recover quicker from eating blueberries after rigorous activity than dogs that did not eat blueberries.
- **Broccoli.** Dogs, like people, seem to reap the cancer fighting benefits of broccoli. However, broccoli should be fed sparingly as there is a weak toxin called isothiocyanate that may cause gastric upset in your pooch. Broccoli is a good source of vitamin A.
- **Carrots** can be a nutritious snack for your dog. They are not only tasty, but also full of fiber, beta-carotene and vitamin A. This high-fiber vegetable is good for dogs' eyes and coat health.
- **Cucumbers.** Even dogs like a cool cucumber on a hot day. The tough, waxy skin may cause gastric upset, so peeled is preferred by most dogs. The vitamin C in this crunchy treat is an added bonus.
- **Spinach** is among the most nutrient-dense vegetables, with high levels of iron, beta-carotene, calcium and many other vitamins. For best absorption, feed your dog chopped spinach.
- **Green beans** are a great addition to add to a dog's kibble to aid in weight loss.
- **Pumpkin** is a fantastic treat for your dog and is prescribed by many veterinarians as a diet supplement. This garden hero is loaded with health benefits including high in fiber and helps with weight loss. It can bulk up stools or constipation if your pet is experiencing these issues.
- **Raspberries** and **strawberries** are also a favored garden treat. Your pet may just help themselves once they discover these delectable fruits. You may need to restrict access to the garden, as too many berries can cause diarrhea.
- **Sweet potatoes** are another vegetable recommended by veterinarians. They are loaded with vitamins, minerals, calcium and fiber. Sweet potatoes are a great food for many dogs with allergies. These sweet gems keep your dog's body strong and healthy.
- **Tomatoes.** Give your dog only ripe tomatoes. Green tomatoes can be dangerous for your pet. These tasty fruits are full of vitamins and some dogs will eat them right off the vine.
- **Watermelon.** Vitamins from watermelon include A, B-6 and C, and they are high in potassium. This treat is a great way to keep your dog hydrated as well. Remove seeds, as they may cause intestinal blockages.
- **Zucchini** offers dogs vitamins, minerals and fiber. Shredding and freezing extra zucchini in ice cube trays is a welcomed winter treat.

Recipe for Fruit and Veggie Sticks for dogs

Here is a snack from [Doggy Dessert Chef](#) your dog will love that has no added chemicals/preservatives.

Ingredients

- 1/2 cup pumpkin puree
- 1 banana
- 1 cup carrots shredded
- 1/4 cup sugar free applesauce
- 1 cup whole wheat flour
- 1 cup rolled oats
- 1 tsp dried parsley



Instructions

- Preheat oven to 350 degrees Fahrenheit.
- Line a baking sheet with parchment paper.
- Mix all ingredients in a large bowl.
- Spread by hand onto the baking sheet 1/4-inch thick.
- Cut with a pizza cutter into small sticks.
- Bake for 20-25 minutes
- Cool and break into pieces, refrigerate for up to two weeks.

Dues and LGM Membership Information

Lakeshore Garden Master Dues

Dues for the Lakeshore Garden Masters organization are due yearly from January 1-December 31. They may be prepaid at the October meeting or paid at the March meeting. Cost of the dues is \$15.00. Late dues should be mailed to:

Sharon Rubelman
1599 N. Peterson Rd
North Muskegon, MI 49445

Lakeshore Garden Master Membership

Lakeshore Garden Masters' organization is open to anyone who enjoys gardening. Meetings are once a month and open to members and guests. The get-togethers usually include a potluck, a short business meeting, and a speaker with timely information that pertains to gardens and gardening. Lakeshore Garden Master members also maintain the Monet Garden in downtown Muskegon.

Membership Information

Please Print Clearly

New Member _____ Renewing Member _____

Name _____

Address _____

City _____ State _____ Zip code _____

Tele. # _____ Cell Phone # _____

Email Address _____

Dues \$15.00 for Year _____ Paid in Cash Paid By Check # _____

Date Paid _____ Dues Received By _____

Can also mailed to:

Sharon Rubelman
1599 Peterson Rd.
North Muskegon, MI 49445



MONET GARDEN, MUSKEGON, MICHIGAN PAVER PROJECT

Yes, I want to be an enduring part of this historic endeavor. Here is my pledge.

Just print this page and mail it with your pledge to the address below. if you are unable to visit the garden, you will soon be able to view the installed and inscribed pavers on this web site.

_____ Number of standard 4" X 8" paver(s) @ \$ 50.00 each

Inscription for paver

(3 lines of 12 spaces ea. paver)

Paver one

Paver two

Please make checks payable to LAKESHORE GARDEN MASTERS.

**Linda Hecksel, Chairperson Monet Garden
2181 Green Creek Road
Muskegon, MI 49445**